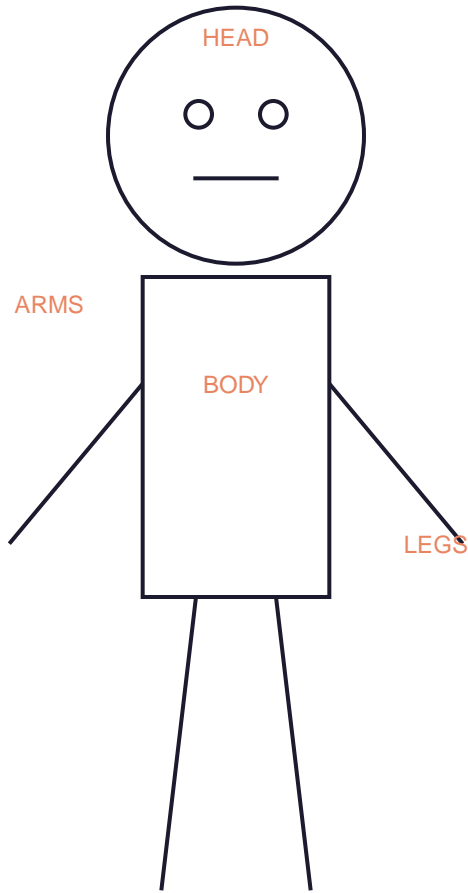
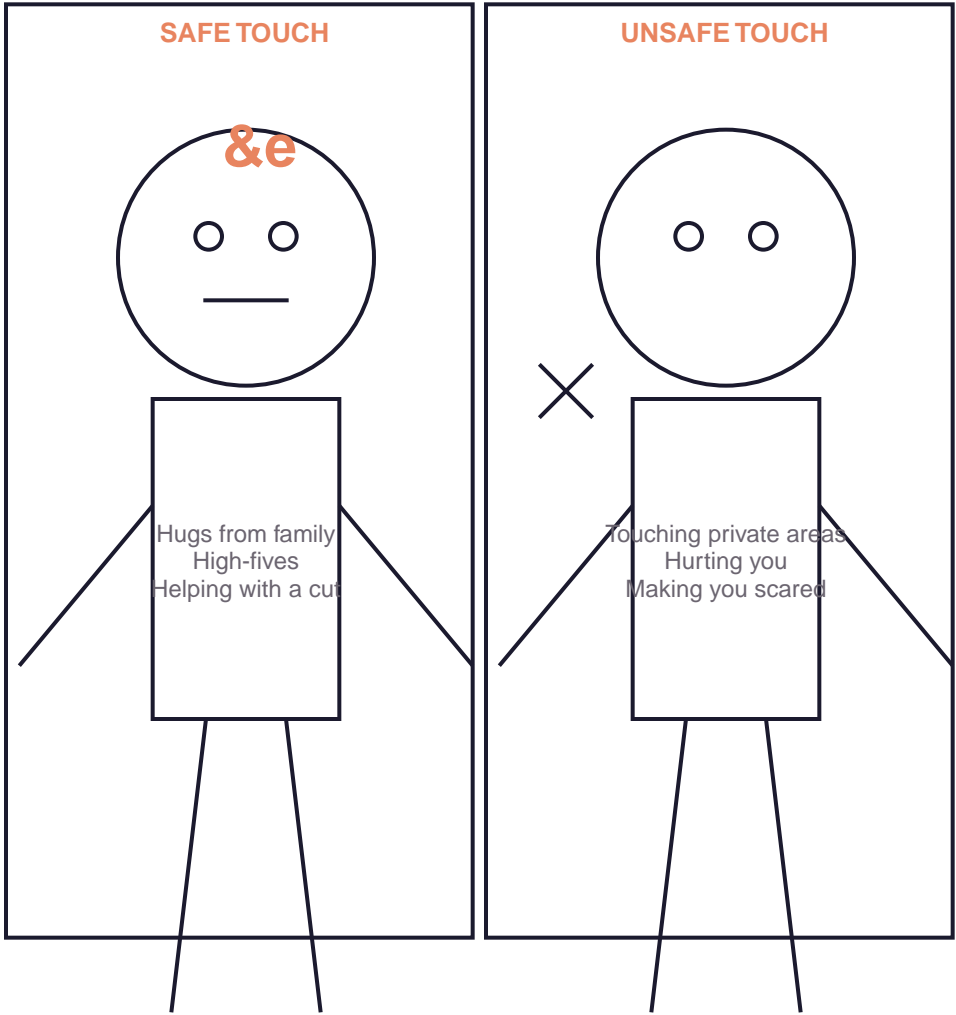


My body belongs to ME!



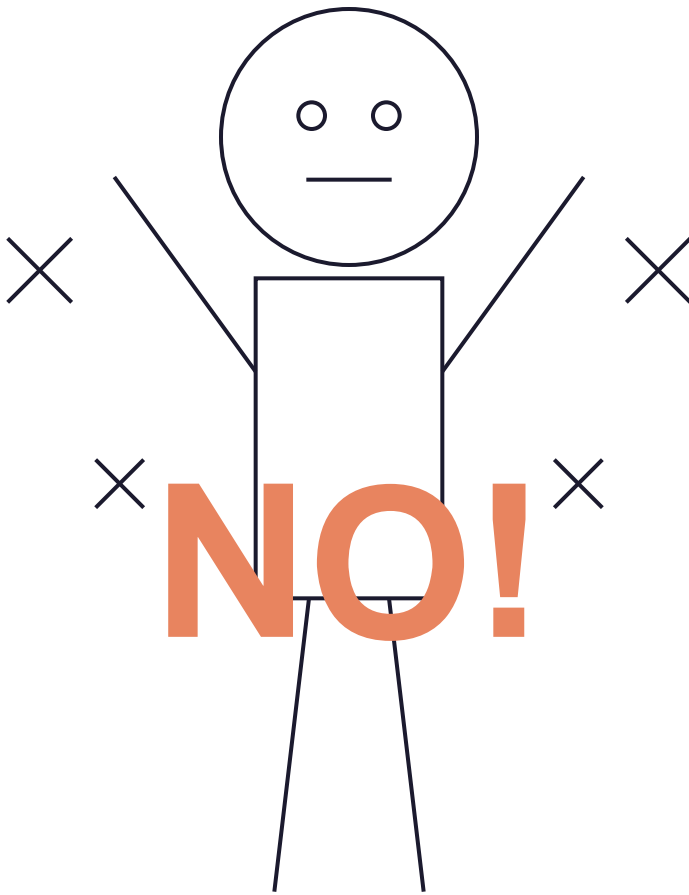
My body belongs to ME!

Safe Touch vs. Unsafe Touch



Safe Touch vs. Unsafe Touch — know the difference!

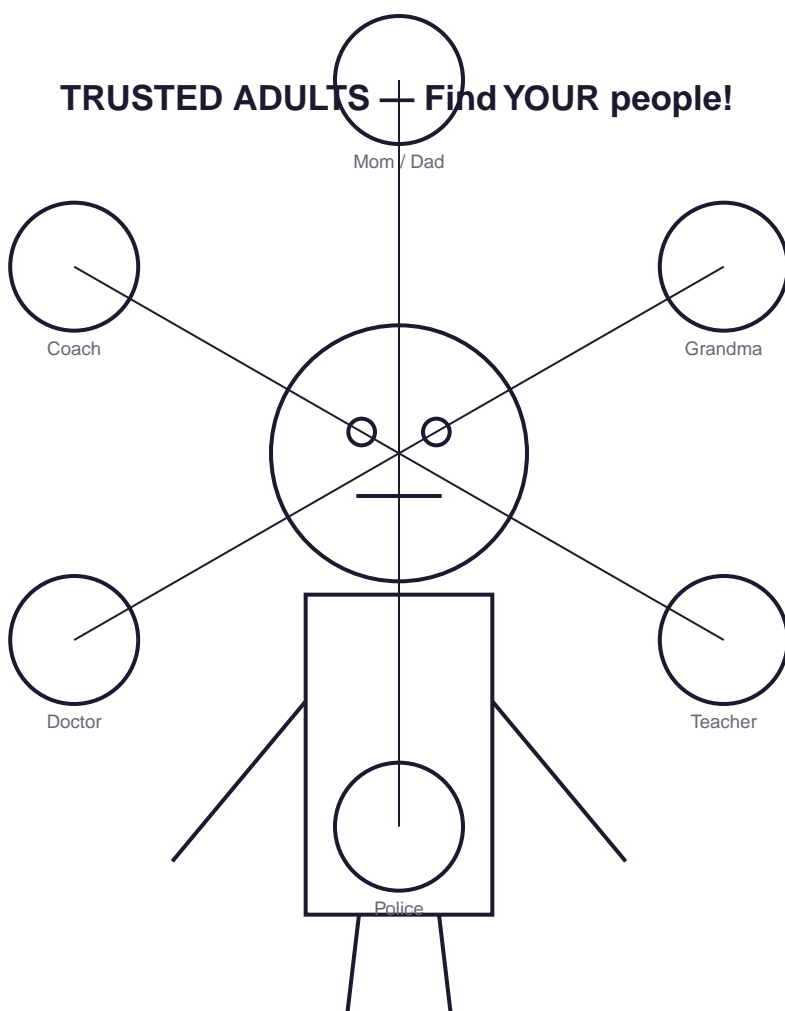
It's OK to say NO!



Your body, your rules. Say NO and get away!

It's OK to say NO! Tell a trusted adult.

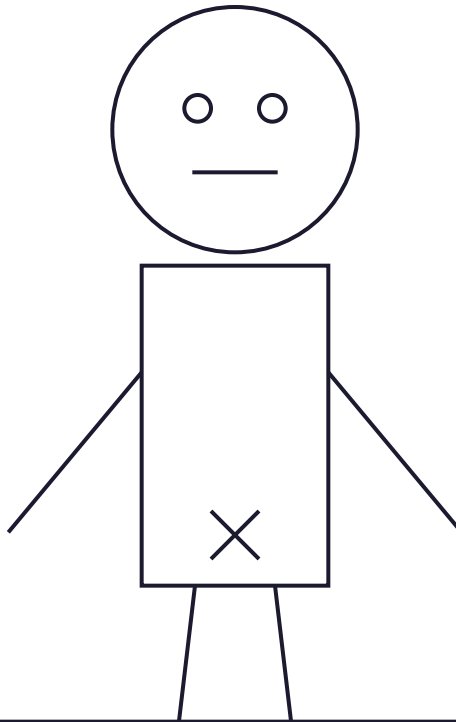
TRUSTED ADULTS — Find YOUR people!



TELL someone you trust if you feel unsafe!

These adults help keep kids safe — tell them if you need help!

Private Parts Are PRIVATE



Parts covered by a bathing suit are PRIVATE.

No one should ask to see or touch them — except a real doctor, with a parent in the room. You can say NO!

My private parts are PRIVATE!

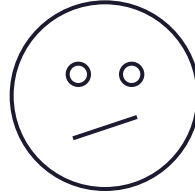
Good Secrets vs. Bad Secrets

GOOD SECRET



Birthday surprises
Fun party plans
Surprise gifts

BAD SECRET



Makes you scared
Breaks trust
Asks you to hide it

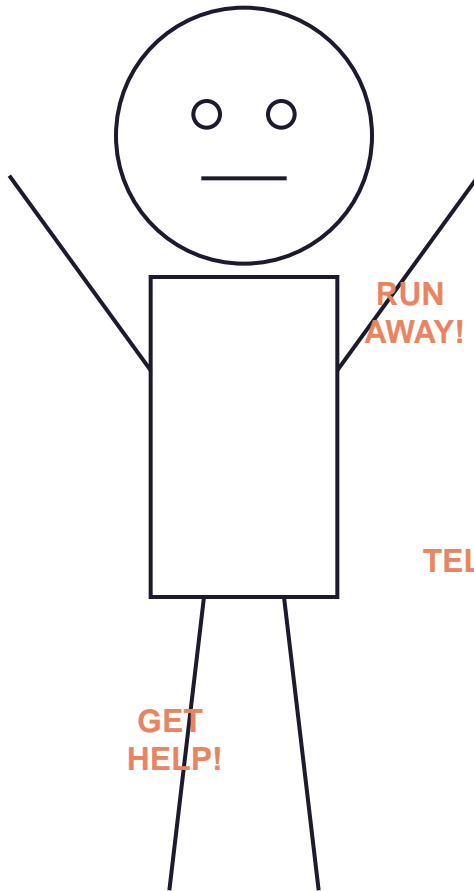
Tell an adult about BAD secrets!

If someone asks you to keep a bad secret — tell someone anyway!

I USE MY STRONG VOICE!



SAY NO!



**RUN
AWAY!**

SCREAM!

TELL!



**GET
HELP!**

I use my STRONG VOICE — my body, my rules!

5 Ways to Stay Safe

1

SAY NO

Your body, your rules

2

RUN AWAY

Get out fast

3

SCREAM LOUD

"STOP! GO AWAY!"

4

TELL SOMEONE

Keep telling until helped

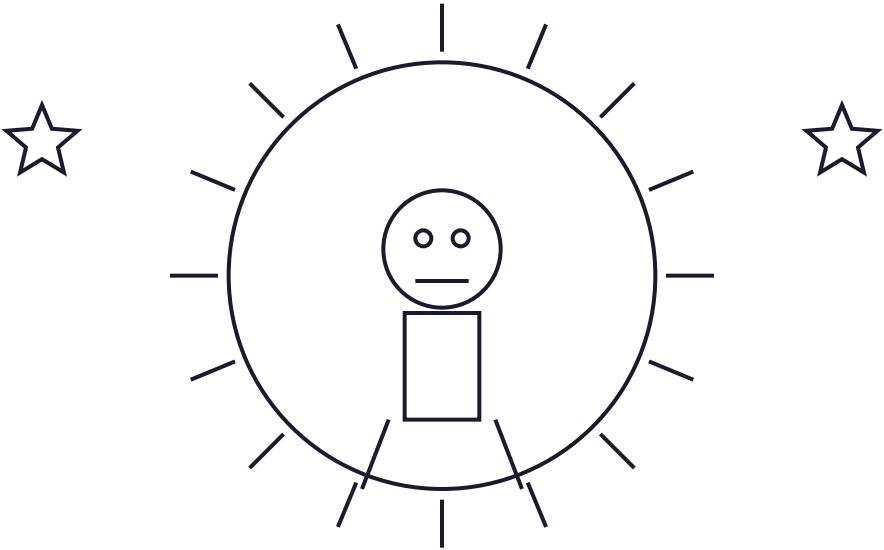
5

GET HELP

Find a trusted adult

5 ways to stay safe — remember them!

It's NEVER Your Fault

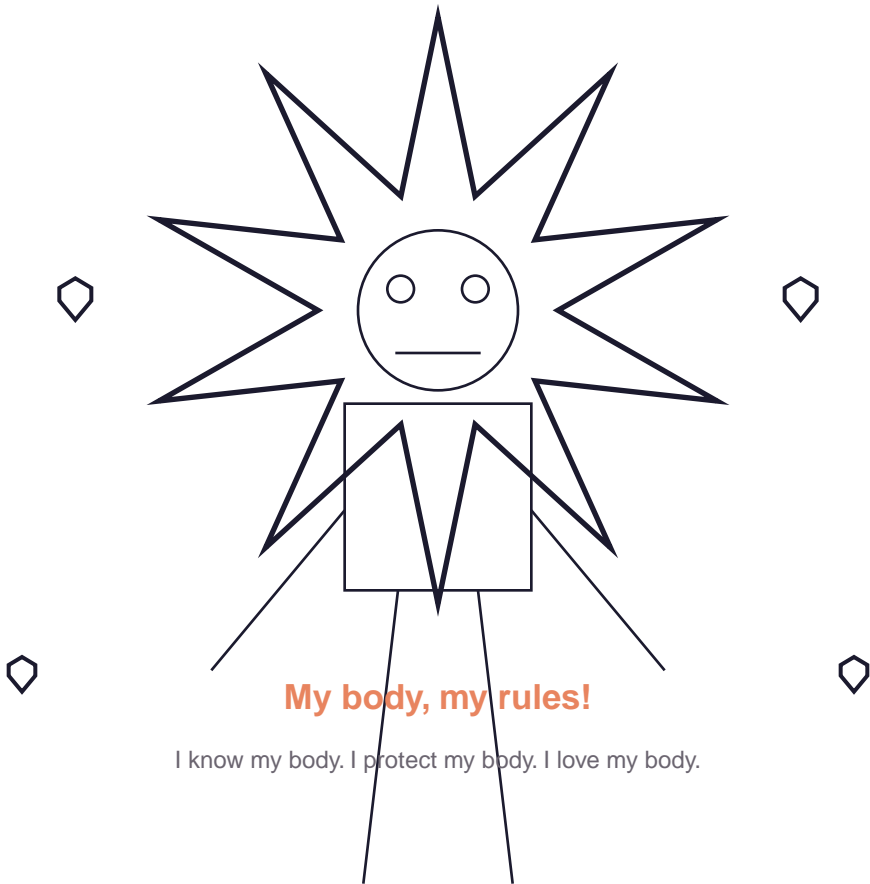


It's NEVER your fault.

If someone touches you in a bad way, you did nothing wrong. Tell someone — keep telling!

You are NOT in trouble. You are BRAVE for telling.

My Body, My Rules!



My body, my rules!

I know my body. I protect my body. I love my body.

I am the boss of my body!



My Body, My Rules — SafePalette



You are amazing just the way you are!

